### Rianda House April 2023

#### **Community & Connections:**

- Connected with Erika Tavakoli regarding Napa County Older Adult Assessment survey. She will be coming to Rianda House on June 9<sup>th</sup> to help individuals take/fill out the survey.
- This Friday is St. Helena's first Farmers Market and Pam and I will be there handing out the newsletter, information on NOAA survey, and promoting Rianda House! We will continue to be there the first Friday of each month.
- Tara Blakley from IHSS came by to meet with Maury and I beginning June, we will provide a space for them to conduct their new hire orientations.
- I followed up with the participants from the focus group conversations that Robin and I conducted in March. We have approximately 3 programs and 1 field trip in place as of May/June based off of the feedback that we received.
- Maury and I met with Katelyn Hacket regarding Calistoga programs. We recently completed and submitted the Calistoga Grant and hope to provide programs to all Mobile Home Communities in the area.
- Gayle Davies (from Farmers Market & UpValley Family Centers) and I are
  having a discussion about a possible tech volunteer for Rianda House as well
  as a Chef demo at the Farmers Market. Mariano Orlando has volunteered to
  put on a demo in June at the Farmers Market. More info to come.

#### **Upcoming:**

- Robin connected with John Wilson he is beginning a "Future of our Democracy" class beginning this week. This class is already at maximum capacity!
- Calistoga programs are very likely to expand if we receive a grant. Two
  instructors have contacted me with interest in teaching at the mobile home
  communities.
- We successfully hired a new Yoga instructor, Kaylee Hardin. She starts the first Tuesday in June and will have ongoing hour-long Yoga classes each Tuesday.
- A Genealogy class will start in June by Kelly Wheaton. This was a popular suggestion among both of the focus group conversations.
- I plan to have Tai Chi at Rianda House beginning in June on Mondays, so it will be offered at both Calistoga and St. Helena.
- Aspects of Spirituality will begin on June 5th and will be a 7-week course.
- Our first official "field trip" will be on June 9th with John Livingston. The field trip will be 6-hours in length, stopping at 6 different places including Angwin and Lake Berryessa. St. Helena Recreation Department is providing transportation (2 sprinter vans for a maximum of 24 people), and John Livingston will be giving a Geology Tour.

• We are back on for having a group for the Alzheimer's Walk in Yountville on September 9<sup>th</sup>. I have Carolyn Eisen coming out on June 22<sup>nd</sup> to give an overview of the fundraising event.

#### **Around the House:**

- Our first CPR/First Aid/AED training took place last Friday at Grace Church. All RH staff went as well as 2 greeters and 4 instructors.
- I have posted "emergency phone numbers" around the house: 911-non-emergency St Helena Police Dept, Fire Department & Poison Control.
- I started writing out an emergency preparedness plan for: medical/mental health emergency, earthquake emergency, fire emergency preparedness and general evacuation information. All notes have been sent over to Maury/Toni/Becky Jo/Robin to review. I would like to go over all this information with greeters and instructors by the end of June (goal).
- If we do happen to receive our full asked amount for Calistoga (10K), I would like to hire another part-time staff late-Summer so that we can implement much more programming there and start to expand in other towns as well (Yountville/Napa/Angwin).

## Statistics - April 2023

# Summary Statistics from 04/01/2023 to 04/30/2023

#### Filters:

Age: >=0
Site(s): All

Activity Type	Duplicated	Unduplicated
Events	786	275
Volunteers	38	15
Total People Served	824	<mark>279</mark>