

# RIANDA HOUSE

Increasing life expectations



**What  
Fun!**





# We All Need a Good Laugh

*Don't underestimate the power!*

I had never seen a blunderbuss before and this was a startling way to meet one. I had just stepped into the home of a 75-year-old woman with whom I was to spend the summer while working as a college intern at a church in Ashland, Oregon. She pointed the ancient weapon squarely at my forehead. Dropping my luggage, I took a step back.

"We only have one rule in this house," she said menacingly... "I MAKE ALL THE RULES!" Then she doubled over and exploded with laughter.

That's how it was all summer with Mrs. Swift. She put a helping of tomatoes (which she knew I hated) on my plate and explained, "Now I'm just going to put a few of these over here in the corner and



if you don't like them... YOU CAN JUST EAT THEM ANYWAY!" Her laughter echoed off the walls. I ate them.

She taught the youth to play "Fruit Basket Turnover," racing around the yard and leaving the teenagers looking like statues. She kept threatening to burn down our old dilapidated church for the insurance money. I half expected her to sneak out one night and do it.

But the best laugh of all came years later when I stopped by for a visit. I had just endured a crushing breakup with a girl and was going around in sackcloth and ashes. I sat down in her living room, desperate for sympathy.

With a quivering voice I began my tale of heartache and betrayal. She shifted uncomfortably in her chair. I went on. Her face began to contort. I continued. Tears formed in the corners of her eyes. Then, long before the tragic end of my story, she lost her composure and erupted

into a full minute of uncontrollable, knee-slapping laughter.

"Oh you young people," she said, removing her glasses and wiping the tears from her eyes, "My granddaughter was just telling me about her boyfriend. I couldn't make it through that one either."

At first I didn't get it. And then I did. Mrs. Swift survived two world wars and buried two husbands. She knew pain. But she learned how to keep it in perspective. Her laughter was more healing than tears.

Rianda House is a place to gather with friends and find perspective. You might even walk away armed with the most potent power in the universe to face your troubles: laughter.



*Maury*

## RIANDA HOUSE



## Welcome to Rianda House!

The Wrinkle is the monthly newsletter of Rianda House. We welcome ideas and submissions. Call (707) 963-8555 x 106.

Rianda house is open Monday through Friday from 9:00 - 5:00. We offer dozens of activities and services.

We hope to meet you soon!

## Our Mission

→ We increase life expectations by providing programs and activities that help older adults remain **strong** in mind, body, and spirit, **connected** in meaningful relationships, and **giving** from the abundance of their lives. In this way, we make life's ultimate chapter the best of all.

## RIANDA HOUSE TEAM

EXECUTIVE DIRECTOR : Maury Robertson DEVELOPMENT : Becky Jo Peterson OPERATIONS : Toni Abdalla

PROGRAMS : Amanda Cole, Robin McGuire

RIANDA HOUSE BOARD MEMBERS: Peter Working - Board Chair, Leslie Moreland- Treasurer, Carroll Cotten- Secretary

Stephen Buel, Jon Lail, John Muhlner, Bonnie Thoreen



perfect **WEATHER**, perfect **FOOD**, perfect **MUSIC**, perfect **CARS**, perfect **MEMORIES**

make

# A Perfect Day to Play



## Rianda House Celebrates 15 Years of Community





# Special Events

## Let's Talk Nutrition

Maile Shubin, Adventist Health  
**Thursday, June 22, 2:00-3:00**  
Rianda House

Maile Shubin from Adventist Health will focus on key nutrition topics. The presentation will also allow the audience to suggest topics and ask questions. We will also do some "myth busters" regarding diet and nutrition. Please RSVP at 707-963-8555 ext. 101.



## Adventures in Genealogy

Kelly Wheaton  
**Friday, June 23, 10:30-12:00**  
Rianda House

Whether you are just beginning or a seasoned genealogist, there is always more to do and discover. This exploration of what genealogy has to offer and where you may wish to go with it, will inform your family research. Kelly Wheaton was a founding member of the Napa Valley Genealogical Society back in 1973. She is the author of the Beginner's Guide to Genetic Research and the blog WheatonWood.com. Please RSVP at 707-963-8555 ext. 101.

## In-Home Supportive Services

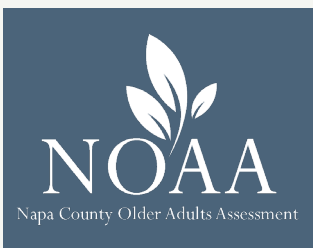
IHSS  
**Friday, June 16, 11:00-12:30**  
Rianda House

Need more information about the IHSS program & how you or a loved one could benefit? IHSS is a Medi-Cal funded program that provides in-home assistance to eligible aged, blind or disabled individuals as an alternative to out-of-home care. Whether you are interested in applying for in-home care yourself or are interested in enrolling as a paid IHSS caregiver, this informational session will explain the program structure & how you can get involved.

## NOAA Survey

Erika Tavakoli, Providence  
**Friday, June 9, 10:00-11:30**  
Rianda House

We are assisting the County of Napa in completing the Napa County Older Adults Assessment (NOAA) and we are asking everyone aged 60+, living in Napa County to complete a survey. This survey will help us identify the current, post-pandemic needs of our older adult population. The results of this survey will assist the County and community organizations like ours in identifying and removing the barriers such as gaps in programs/services, transportation, social isolation and more. Our goal is a community in which our older adults will thrive. Please join us and bring a friend! Staff will be here to assist you.



## Nature Walk

Dr. John Duncan, Professor of Biology  
**Friday, June 9, 2:15-3:30**  
Pacific Union College

Dr. John Duncan, Professor of Biology at Pacific Union College will guide us on a nature walk through the beautiful Pacific Union College trails. This will be an easy walk on flat trails. Bring water and comfortable shoes. Call Amanda at Rianda House for details & directions at (707) 963-8555 ext. 104 or email [amanda@riandahouse.org](mailto:amanda@riandahouse.org).



# Special Events

## Napa Valley Geology Field Trip

John Livingston, PhD.

**Friday, June 9, 9:00-3:00**

**Meet at Crane Park**



On our geology tour, we will explore how plate tectonics have shaped Napa Valley. Roadside outcrops document the story of the

gradual emergence of land and a violent volcanic period. Finding rocky remnants of this long, complex geologic past makes this field trip unique. One optional stop will require a gentle, lovely quarter-mile walk overlooking Lake Hennesey. Please bring a lunch and RSVP, space is limited 707-963-8555 ext. 101.

## Alzheimers Walk Information

Carolyn Eisen, Alzheimer's Association

**Thursday, June 15, 2:00-3:30**

**Rianda House**

Join us on Thursday, June 22nd from 10:30 am - 12:00 pm for an inspiring Walk to End Alzheimer's info session and Team Rianda House kickoff! Come learn about the Alzheimer's Association Walk to End Alzheimer's, our local Napa Valley event, and why and how to get involved. Association staff will be on hand to answer questions and help you register, and refreshments will be provided! To RSVP please call Amanda at 707-963-8555 ext 104. For more information on the Walk visit [alz.org/napavalleywalk](http://alz.org/napavalleywalk), email [napawalk@alz.org](mailto:napawalk@alz.org) or call (925) 269-4302.

**ALZHEIMER'S ASSOCIATION®**

## Martha Walker Gardening

Martha Walker Garden, Amanda Cole

**Wednesday, June 7, 9:00-12:00**

**Skyline Park**

Martha Walker Garden at Skyline Park in Napa is looking for volunteers to work in general garden maintenance, clearing brush, weeding, pruning and planting. The Park is 2.5 acres dedicated to growing and displaying native California plants. It is developed into habitat areas displaying plants that grow in similar communities: such as oak, woodland, redwood forest, open meadow, chaparral and riparian. Please wear long pants, closed-toed shoes, a hat and bring water! Gloves and tools will be provided. Call Rianda House at (707) 963-8555 ext. 104 or email [amanda@riandahouse.org](mailto:amanda@riandahouse.org) for more information.



## Music Appreciation

Laura Pritchard

**Friday, June 2, 11:00-12:30**

**Rianda House**



**Baroque Dance:** An Easy How-to Class where you will learn the Minuet, Pavane, Galliard, Fleurée, and more.

A regular speaker at Rianda House from San Francisco Opera, Laura Prichard will lead us in a learn-as-you-go class on the most famous (and simple!) renaissance and baroque dances. Both diplomacy and entertainment required that all members of society learn these to participate fully in courtly life, so they were designed to be elegant and stately.

*Options: You can participate fully (no partner needed), just learn a few steps, or simply watch and enjoy. No dance experience necessary. These dances do not involve jumping or running, and were not designed to be high impact sports, since men wore fairly high heels (and weapons) to dance until the Age of Revolution. Please RSVP at 707-963-8555 ext. 101.*

# Rianda House Classes & Activities

Thanks to the generosity of our community, all Rianda House classes are offered at no cost, and there is no need to register unless specified in the description. Contact Program Manager, Amanda Cole with questions: (707) 963-8555, ext. 104 or email [amanda@riandahouse.org](mailto:amanda@riandahouse.org).

Masks are provided for those who wish to wear them.

## Amistad y Apoyo

Amparo Hernandez, Mentis

**Tuesdays, 10:30-12:00, Rianda House**

Friendship and support in English and Spanish. To enroll, call Healthy Minds Healthy Aging, a Mentis program, (707) 299-1885. En persona en Rianda House Únase a nosotros el martes, de 10 de la mañana a 12:00 para el encuentro del grupo de amistad tan querido. Para registrarse, favor de llamar a Healthy Minds Healthy Aging al número (707) 299-1885.

## Aspects of Spirituality **NEW!**

Theresa Meyer

**Mondays, 3:00-4:30, June 5-July, 3 Rianda House + Zoom**

Explore the great questions of life. Read about, reflect upon and discuss topics relevant to living at a deeper level. All seekers welcome. Hybrid format (in-person at Rianda House or Zoom) available for maximum participant convenience. The book, "Sleeping with Bread: Holding What Gives You Life," by Dennis Linn, will be used in class. It is available to order through Main St. Bookmine with a discount (707-963-1338) or online. For more information or to sign up for the series, email [amanda@riandahouse.org](mailto:amanda@riandahouse.org) or call 707-963-8555 ext 104.

## Balance & Stretch

Amanda Cole

**Mondays, 10:00-11:00, Rianda House + Zoom**

Join us for an energizing exercise class designed to increase activity, strength and confidence while decreasing the potential for falling.

## Brain Fitness

Collabria Care

**Wednesdays, 10:00-11:30, June 14 & 28, Rianda House**

Are you concerned about your memory changes? Join us every 2nd and 4th Wednesday to exercise your mind by learning new techniques for memory enhancement, engage our five domains of brain health, and find connections between physical activities, exercise, and overall brain health within a small group.

## Canasta

Lucy Thater

**Fridays, 1:00-4:00, Rianda House**

Typically played with four people, Canasta is a great game for both mind and spirit. Come laugh with friends, old and new. The game takes 2-4 hours, as each has multiple rounds. If you don't know how to play, don't worry! Lucy will teach you!

## Current Events: Heart of the Matter

Dr. Lisa Hinz

**Monday, 1:00-2:00, June 5, Rianda House**

Group leaders curate topics relevant to our current experiences, world events, local happenings and more. We encourage safe and respectful sharing of ideas.

## Dementia Family Caregiver's Support Group

**Thursday, 3:00-4:30, June 1, Rianda House**

**Thursday, 3:00-4:30, June 15, Zoom**

Caregiver Support Groups are offered in partnership with the Alzheimer's Association and Collabria Care. For information or support, contact Melissa Gerard (707) 815-6258 or [mgerard@collabriacare.org](mailto:mgerard@collabriacare.org).

## Duplicate Bridge

Tammy McDonald

**Mondays, 12:30-4:00, Rianda House**

Duplicate Bridge is fun, social, and competitive. It is a paired game, so please bring a partner or reach out to Rianda House and we will help you find one. Tammy is available to discuss hands or answer questions after the game.

## French Club

Sue & Skip Hopgood

**Mondays, 9:30-11:00, Rianda House**

Share experiences and cultural history through conversational French. Read aloud and translate French literature to Tin Tin. French skills vary greatly. Some knowledge of French is necessary to actively participate.

## Gents & A Cuppa Joe

Carroll Cotten

**Thursdays, 8:30-9:30, Rianda House**

Calling all gents! Come share a Cuppa Joe, discuss local issues, and swap stories with friends and neighbors. Always fun and informative!

## Imagery and Poetry

Dr. Lisa Hinz

**Friday, 1:00-2:30, June 16, on Zoom**

Poetry is often inspired by imagery. Figures, structures, or other forms inspire metaphorical connections. Creating a collage will be the foundation for writing poetry. No experience required.

## Ladies & A Cuppa Tea

Toni Abdalla

**Tuesdays, 9:30-10:30, Rianda House**

Ladies, please join us for friendship and a cup of tea or coffee. A warm and inviting atmosphere will encourage fun and lively discussions.

## LGBTQ

Heather Bailie

**Thursday, 11:00-12:00, June 29, Rianda House**

Pride is about celebrating everything that makes the LGBTQ community thrive. While Pride events are held year-round, June is recognized as LGBTQ Pride Month to commemorate the anniversary of the Stonewall Riots, which took place on June 28, 1969, in New York City when police raided the Stonewall Inn. Join us for a lively discussion on what makes us prideful and how we show



# Classes & Activities

pride this month as an act of love and resistance. In this session, we will share our stories and information all the while celebrating who we are.

## Line Dancing

Becky Jo Peterson

**Wednesdays, 1:00-2:00, Magnolia Room**

You don't need a partner and anyone can do it—even beginners. Bring a sense of fun and exploration as you kick up your heels to the lively music. The instructor will provide videos to help you practice at home. Wear comfortable shoes and bring a water bottle. Y'all Come!

## Mah Jongg

Michele Barberi Hyde & Bev Popko

**Fridays, 1:00-4:00, Rianda House**

All levels of players are welcome to join this Friday afternoon game. Beginners are welcome; instruction provided. A kind donor has provided extra Mah Jongg cards for you to use.

## Meditation

Marla Tofle, Somatic Coaching

**Mondays, 11:00-12:00 Zoom**

Develop your capacity for mindfulness and foster whole-body presence. You will be learning a body-oriented meditation. Each class begins with some rejuvenating, simple movement, and then you will be guided through a meditation. The instructor will be onscreen at Rianda House. Take the class in house or on Zoom.

## Mind Body Practices **NEW!**

Joseph Nase

**Every Thursday, 9:00 + Tuesdays, 9:00, June 13 & 27**

**Meet at Jacob Meily Park, Pope Street, St. Helena**

Optimize energy within the body, mind and spirit with the goal of improving and maintaining overall health and wellbeing with focused breath-work, meditation and Qi-gong (slow, gentle movement).

## Needlers' Club

Julie Bolander

**Thursdays, 1:00-3:00, Rianda House**

A casual, encouraging, fun and helpful handicraft circle. Relax and work at your own pace as you socialize with other craftspeople. Some materials available. All levels welcome.

## Readers' Theatre Group

Dianne Fraser

**Tuesday, 3:00-4:30, Rianda House**

Be a part of this lively and interactive theater group that enjoys reading scripts and learning how to act, perform and develop new scripts. No memorization necessary. Fun guaranteed!

## Senior Services Support

Lupe Calderon, Mentis

**Tuesday, 12:30-2:00, June 6, Rianda House Annex**

Need help finding the right resources? Receive one-on-one guidance to get senior services to match your individual needs. Call (707) 255-0966, ext. 165 to speak with Lupe Calderon, Prevention Specialist, to schedule your

appointment.

## Strength Training

Kathy Carrick

**Tuesdays & Thursdays, 7:30-8:30am**

**Presbyterian Church, 1428 Spring St., St. Helena**

Enhance muscle strength and tone. All levels welcome. \$5 donation per workout suggested.

## Seated Strength Training

Becky Jo Peterson

**Wednesdays & Fridays, 10:30-11:00**

**Magnolia Room, 1299 Pine Street, St. Helena**

Strengthening your upper body may enhance your life by improving your ability to do everyday activities. You will be seated for these exercises. You may bring your own light weights, or we will provide water bottles for weights. Bring water and a towel and give it a try.

## Tai Chi **NEW!**

Diana Latorre

**Mondays, 11:30-12:15, begins June 12, Rianda House**

A gently moving meditation suitable for various fitness abilities. This Tai Chi class uses the Taijifit method created by David Dorian Ross which uses music, repetitive movement and allows your energy to move and flow.

## The Future of Our Democracy

Dr. John Oliver Wilson

**Wednesday, June 7 & 21, 2-4pm, Rianda House**

**(The first session is FULL)** For engaged civic-minded citizens to discuss some of the most pressing challenges we face as a society and a nation. Lend your knowledge and deepen your understanding of these challenges. We begin with Critical Race Theory, Culture Wars, Social Justice and 1776 vs. 1619. Participants must be respectful of the views of others.

## Victim Services Advocate Counseling

Irma Luna

**Friday, 12:00-1:00, June 16, Rianda House**

If you or someone you know is a victim of a crime, scam, abuse or eviction, or in a crisis situation, Irma Luna from Napa County District Attorney's Office can help with no-cost & bilingual support! Call Irma for immediate assistance or to book a counseling session: (707) 299-1411.

## Yoga: Stretch and Flow **NEW!**

Kaylee Hardin

**Tuesdays, 11:00-12:00, Rianda House**

A soothing class that combines deep stretches and gentle movements to create more mobility and fluidity within the body and mind. This class is suitable for all levels of ability, with options and modifications to increase or decrease intensity. Please bring a mat. Chair modifications will also be available.

## Zumba

Becky Jo Peterson

**Wednesdays & Fridays, 9:30-10:30**

**Magnolia Room, 1299 Pine Street, St. Helena**

Put on your best dance moves and get your heart pumping while you improve your balance and stamina and tone important muscles. All levels welcome! Bring your water bottle.

# Calistoga

## Bothe Redwood Trail Walk

**Wednesday, 9:30-11:30, June 28, Bothe State Park, 3801 St. Helena Highway, Calistoga**

Looking for a way to stay active and socialize while outdoors? Join us for a refreshing morning walk on the Redwood Trail at Bothe State Park in Calistoga. Call to RSVP (707)963-8555 ext. 104 or email amanda@riandahouse.org

## Bridge in Calistoga

Tammy McDonald

**Wednesday, 11:00-12:30, June 14, Calistoga Community Center, 1307 Washington St.**

Bridge is a "mind sport" and one of the best exercises for the brain. Mini lessons & supervised play on various topics to help improve your game. Not for new bridge players. Light refreshments provided. Come join us for some "cool" bridge. Call Rianda House to make a reservation at (707) 963-8555 ext. 101 or email amanda@riandahouse.org



## Lunch & Learn

**Wednesday, 11:00-1:00, June 21**

**Calistoga Community Center, 1307 Washington St.**

Features an educational theme, timely resources, and community connections along with a healthy lunch. Call to reserve lunch (707) 963-8555, ext. 101 or email amanda@riandahouse.org).

## Tai Chi

Diane Lotorre

**Mondays, 1:00-1:45 Beginning June 12,**

**Calistoga Community Center, 1307 Washington St.**

Welcome to a gently-moving meditation suitable for various fitness abilities. This Tai Chi class uses the Taijifit method created by David Dorian Ross which uses music, repetitive movement and allows your energy to move and flow. Call to reserve (707) 963-8555 ext. 101



## Community Resources

**Need Help? Rianda House can help you find the resources you need!**

**Call (707) 963-8555 ext. 101**

The Napa Valley is rich with organizations dedicated to meeting the needs of senior adults. There are so many that it can be overwhelming! Who do you call? It's easy! Call Rianda House! We collaborate closely with dozens of partners. We can point you in the right direction. For example...

### Concerned about maintaining a good quality of life?

Call Napa County Commission on Aging (707) 253-3818.

Are you **prepared for the next emergency**? Check out the Community Organizations Active in Disaster (COAD) preparedness calendar. <https://napavalleycoad.org/preparedness-calendar/>

**Mental Health Crisis Hotline  
707-253-4711**

Need Grief Support? Call **Napa Valley Hospice Adult Day Services**. (707) 258-9080

Need **transportation to medical appointments**? Call Molly's Angels (707) 224-8971 or email [mollysangels@mollysangels.com](mailto:mollysangels@mollysangels.com).

**This is just a sample!  
Call Rianda House  
for more.**

Are you **a person in need of memory assessment or their caregiver**? Call Melissa Gerard at Collabria Care (707) 815-6258 or email: [mgerard@collabriacare.org](mailto:mgerard@collabriacare.org). New appointments available at Rianda House - 2nd Wednesday of each month between 12:00-2:00.

Need **health care equipment**? Call Share the Care @ (707) 492- 3198 or go to <https://www.sharethecarenv.org>







# June @ RIANDA HOUSE

(707) 963-8555

(red indicates new or special event)

Monday		Tuesday		Wednesday		Thursday		Friday			
		R Rianda House (1475 Main Street 707-963-8555) Z Zoom H Hybrid (in-person + Zoom option) M Magnolia Room (1299 Pine, St. Helena) P Presbyterian Church (1428 Spring St. St. Helena) C Calistoga Community Center (1307 Washington) F Field Trip J Jacob Meily Park (Pope Street, St. Helena)									
R 9:30 French Club H 10:00 Balance and Stretch Z 11:00 Embodied Meditation R 12:30 Duplicate Bridge R 1:00 Current Events: Heart of the Matter H 3:00 Aspects of Spirituality	5	P 7:30 Strength Training R 9:30 Ladies & A Cuppa Tea R 10:30 Amistad y Apoyo R 11:00 Yoga: Stretch and Flow R 12:30 Senior Services R 3:00 Readers' Theatre	6	F 9:00 Martha Walker Gardening M 9:30 Zumba M 10:30 Seated Strength Training M 1:00 Line Dancing R 2:00 Future of Our Democracy (full)	7	P 7:30 Strength Training R 8:30 Gents & A Cuppa Joe J 9:00 Mind Body Practices R 1:00 Needlers Club	8	M 9:30 Zumba C 9:00 Geology Field Trip R 10:00 NOAA Survey M 10:30 Seated Strength Training R 1:00 Canasta R 1:00 Mah Jongg F 2:15 Nature Walk	9		
R 9:30 French Club H 10:00 Balance and Stretch Z 11:00 Embodied Meditation R 11:30 Tai Chi C 1:00 Tai Chi R 12:30 Duplicate Bridge H 3:00 Aspects of Spirituality	12	P 7:30 Strength Training J 9:00 Mind Body Practices R 9:30 Ladies & A Cuppa Tea R 10:30 Amistad y Apoyo R 11:00 Yoga: Stretch and Flow R 3:00 Readers' Theatre	13	M 9:30 Zumba R 10:00 Brain Fitness M 10:30 Seated Strength Training C 11:00 Bridge in Calistoga M 1:00 Line Dancing	14	P 9:30 Strength Training R 8:30 Gents & A Cuppa Joe J 9:00 Mind Body Practices R 1:00 Needlers Club R 2:00 Alzheimers Walk Info Z 3:00 Dementia Caregiver Support	15	M 9:30 Zumba M 10:30 Seated Strength Training F 10:30 Mariano Orlando Chef Demo @ Farmers Market R 11:00 IHSS Information R 12:00 Victim Services R 1:00 Canasta R 1:00 Mah Jongg Z 1:00 Imagery and Poetry	16		
		19		20		21		22		23	
		P 7:30 Strength Training R 9:30 Ladies & A Cuppa Tea R 10:30 Amistad y Apoyo R 3:00 Readers' Theatre		M 9:30 Zumba C 11:00 Lunch and Learn R 2:00 Future of Our Democracy (full)		P 7:30 Strength Training R 8:30 Gents & A Cuppa Joe J 9:00 Mind Body Practices R 1:00 Needlers Club R 2:00 Let's Talk Nutrition		M 9:30 Zumba R 10:30 Adventures in Genealogy R 1:00 Canasta R 1:00 Mah Jongg			
R 9:30 French Club H 10:00 Balance and Stretch Z 11:00 Embodied Meditation R 11:30 Tai Chi C 1:00 Tai Chi R 12:30 Duplicate Bridge H 3:00 Aspects of Spirituality	26	P 7:30 Strength Training J 9:00 Mind Body Practices R 9:30 Ladies & A Cuppa Tea R 10:30 Amistad y Apoyo R 11:00 Yoga: Stretch and Flow R 3:00 Readers' Theatre	27	M 9:30 Zumba C 9:30 Bothe Redwood Trail Walk R 10:00 Brain Fitness M 10:30 Seated Strength Training M 1:00 Line Dancing	28	P 7:30 Strength Training R 8:30 Gents & A Cuppa Joe J 9:00 Mind Body Practices R 11:00 LGBTQ R 1:00 Needlers Club	29	M 9:30 Zumba M 10:30 Seated Strength Training R 1:00 Canasta R 1:00 Mah Jongg	30		

# RIANDA HOUSE

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## THANK YOU Match Challengers and supporters!

You're helping us expand our services to evenings, weekends, and new communities so that we can increase life expectations for more older adults. We're close to our goal!

[riandahouse.org/support](http://riandahouse.org/support)

### Match Challenge

**\$100,000** **100%**

### Donations to Date

**\$91,926**

- Dann & Susan Boesch
- Terry & Anne Clark
- Alan Galbraith
- Janet Myers
- The Palisades Farm Fund
- Pay It Forward Fund
- The Prairie Foundation
- The Rianda House Gents
- The Rianda House Board
- Richard & Barbara Shurtz
- Julie Spencer
- Mary Stuard
- Spottswode Estate Vineyard & Winery
- Trinchero Family Estates
- Sloan & Priscilla Upton

## Farmer's Market

Crane Park, 360 Crane Ave

### Rianda House at the Market

Friday, June 2, 7:30-12:00

Stop by our tent for a visit. We want to tell you about the fabulous activities happening at Rianda House. Please feel free to bring your questions, comments, and suggestions!

### Chef Mariano Orlando

Friday, June 16, 10:30-11:30

Chef Mariano Orlando will be preparing Panzaella salad. Come to the Farmers Market to watch a demo and try a sample!



**ST. HELENA FARMERS' MARKET**  
**EAT YOUR VEGGIES**