

Board Meeting Notes July 2023

Connections:

- Implemented program Aqua Aerobics at Chateau Calistoga, we now offer programs to 2/3 of the Mobile Home Communities in Calistoga. I am currently in the process of trying to reach Forrest & Patty Mills, Managers at Calistoga Springs to see if we can offer a class to that community as well.
- We are starting a Tai Chi class at Silverado Orchards beginning Monday, August 7th.
- I met with a Rianda House participant, Valerie Preston who will be volunteering for us as one of our greeters beginning Monday, August 7th.
- I met with Patty and Forrest Mills at Calistoga Springs Mobile Home Park regarding offering classes to their residents. Patty is going to ask around to see if there is any interest in Aqua Aerobics and we will circle back in two weeks.
- I met with Aimee Wyrick from Pacific Union College regarding programs to implement at Rianda House (history, art history & gardening) beginning in October.
- Robin and I met with Madeline Weiss and Sylvia Griffiths regarding a “wellness check” phone call service that Rianda House could provide, possibly in combination with “Visit Me Today”. I followed up to meet with Ben Hill to discuss possibilities.
- I spoke with Dora Vega from Calistoga Senior Apartments and will be meeting with her mid-August to see the space and what kind of programs we can bring to residents there.
- I spoke with Daniela from Turning 65 resource center in Napa and she is coming to Rianda House in September to give a talk on Medicare changes.

Upcoming:

- Maury and I have a second interview with Gayle Davies for a Program Manager on Thursday, 8/4/2023.
- I am working on uploading all classes on the Mind Body website, hoping that the new platform will be ready and usable by all staff, instructors and volunteers by October 1st.
- I am continually working on getting instructors a brief training on Rianda House emergency overview procedures as well as checking in consistently with staff to get them certified in CPR/AED.
- Linda Williamson has been hired to teach a Memoir Writing class beginning in September.

Statistics:

Summary Statistics from 07/01/2023 to 07/31/2023

Filters:

Age: >=0

Site(s): All

| Activity Type | Duplicated | Unduplicated |
|----------------------------|------------|--------------|
| Events | 903 | 271 |
| Volunteers | 27 | 13 |
| Total People Served | 930 | 272 |

Date range from 07/01/2023 to 07/31/2023

Filters:

Age: >=0

Site(s): All

| | |
|-----------------------------|--|
| Checkin Count | 902 |
| Days in Range | 20 |
| Avg Duplicated | 45.1 |
| Avg Per Weekday | Monday 49.8 Tuesday 26 Wednesday 33.75 Thursday 77.75 Friday 32.25 |
| Avg Per Day by Month | July 45.1 |