

RIANDA HOUSE

increasing life expectations

Where the Vintage UpValley Community Comes to Play



Happy
NEW YEAR
2026

Bingo at
Native Son's Hall

Inside:
History of the Rianda
House Winemakers

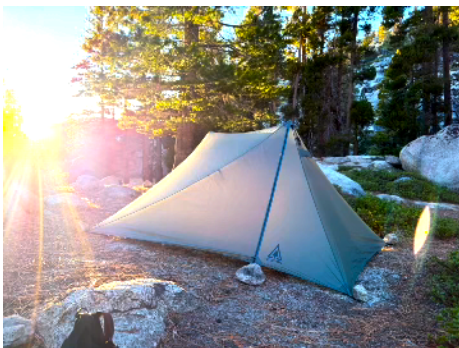


Look Again for the First Time (A New Year's Resolution)



As I grow older, another trip around the sun is about as exciting as another turn of a hamster wheel. Somewhere along the way, life became "same old same old." I am determined to change this by looking at the world with fresh eyes.

On a backpacking trip in November, I got up early to watch the sun rise. I pretended I had never seen this before and didn't know what to expect. Imperceptibly, the stars dissolved. The lake turned from



black to gray. A beam of light shot over the hill. It was so bright it hurt my eyes. The beam grew into a flaming ball that painted the world in living color and brought my chilly hands to life. Wow!

I looked with fresh eyes again in December when I went up to see my dad in Seattle. I pretended I had never flown on an airplane. We rumbled down the runway. The engines roared. I was pinned to the back of my seat. The world outside my window became a blur. Suddenly, the rumbling stopped and I floated into the sky. Hooray!

There is one event that forces me to see with fresh eyes whether I want to or not: a funeral. As music plays, Scripture is read, and memories are shared, I reflect on the life of the dear departed and mourn my

loss—and my blindness. Their habits and idiosyncrasies were so precious! How did it ever become so routine to me? How can I ever look at another person without wonder? Gulp!

Will I not see the sun until it goes out? Will I not marvel at the stars until they fall from the sky? Will the fragrance of a flower not captivate me until its petals fall? Will I be deaf to the river's voice until it runs dry?

I'm determined to embrace every day of 2026 as a gift and a miracle. I hope you will too. All we have to do is look again for the first time.



Welcome to Rianda House!

On the House is the monthly newsletter of Rianda House. We welcome ideas and submissions. Email info@riandahouse.org.

Rianda House is open Monday through Friday from 9:00 - 5:00. We offer a full slate of activities and services. We hope to meet you soon!

Our Mission

We increase life expectations by providing programs and activities that help older adults remain **strong** in mind, body, and spirit, **connected** in meaningful relationships, and **giving** from the abundance of their lives.

In this way, we make elderhood life's best chapter.

RIANDA HOUSE TEAM

Executive Director : Maury Robertson Program Director: Amanda Cole

Program Manager: Tessa Lorraine, Program Coordinators: Pam McCullagh, Elena Mendez, Helen Van Deren Newsletter: Robin McGuire

Rianda House Board: Bonnie Schoch - Board Chair, John Muhlnher - Treasurer, Frank Mueller - Secretary

Julie Garvey, Braulio Muñoz, Meg Scrofani

A Story of Grapes, Grit and Community

Written by Julie Spencer,
volunteer winemaker and
retired Rianda House
Executive Director.

A Brief History of the Rianda House Winemakers (2009–2025)



The Rianda House Winemakers began on a sunny afternoon in 2009 on the deck at Rianda House. Board members Joice Beatty, Kathy Carrick, Lynn Fontane, Bill Salvage, and Mike Hardy sat with winemaker Linda Neal of Tierra Roja Vineyard and Executive Director Julie Spencer, imagining a hands-on winemaking project powered by community spirit. With no funding, no equipment, and no roadmap—just curiosity, determination, and plenty of Napa Valley know-how—the idea took root.

With support from the City of St. Helena, Rianda House received permission to revitalize the neglected vineyard at Jacob Meily Park, along with water access. Linda agreed to lead the vineyard work, and early volunteers—including Bob and Kate Skupny, Don and Barbara Green, Dave Kernberger, and Klaus and Carol Gruetzner—quickly stepped in. After assessing the struggling vineyard, the group cleared the

area, retrellised, and planted Zinfandel vines, relying on donated supplies and many willing hands. Those early years set the tone: shared labor, resourcefulness, learning by doing, and community pride.

Under Linda's guidance, volunteers learned every step of vineyard care—planting, pruning, thinning, repairing irrigation, managing pests, choosing harvest dates, and understanding how weather shapes wine. Her enthusiasm fueled the group's "can-do" mindset year after year. As one participant said, I learned "winemaking is a science—with Mother Nature always having her say."

Retired industry professional Mike Hardy, then Board Chair, became the group's first winemaker. He tapped his network to secure donations of glass, corks, testing services, labels, a manual press, a stemmer-crusher, and more. Local partners—including ETS Labs and Herdell Printing—continue to generously support the program. Mike also added creativity and fun, launching "Geezer Picnic Red," creating an annual label contest, and exploring wine sales as a fundraiser. Sales proved too complicated for a



nonprofit, but the group still earned early recognition—most memorably a silver medal at the 2011 Napa County Fair for wine made from donated Tierra Roja fruit. Over time, the artsy labels became polished, and “Geezer Red” evolved into “Rianda Red.”

Friendships deepened through the seasons. Word of mouth, Linda’s legendary harvest potlucks, and the joy of working shoulder-to-shoulder helped bring new members into the fold. The group celebrated milestones and mourned beloved contributors. After Mike’s passing in 2014, Klaus Gruetzner stepped in to coordinate the program and volunteers, and since 2016, retired winemaker Dave Henry has guided the winemaking with calm, steady expertise.

By 2024, despite years of care, the Meily Park vineyard continued to struggle—too much shade from a neighboring live oak, plus Pierce’s disease—resulted in declining yields. The group’s ideal harvest—about half a ton of grapes to fill one barrel—became harder to reach, even with generous second-crop donations from growers like David Garden Sr. and Collins Family Vineyards. When Aaron and Amy Barak offered their entire Cabernet Sauvignon crop, the group made a thoughtful but difficult choice: retire from grape-growing, return the vineyard to the city, and continue

solely as a winemaking program. This transition also led to a heartfelt farewell to Linda Neal for her years of support and leadership.

Today, the 2023–2025 vintages are fermenting in donated oak barrels in the small stone winery built by the late Dave and Kathy Kernberger, still generously made available by their daughter Heather MacKenzie. As winemaker Dave Henry says, “There’s always something to do—in the winter it’s topping up barrels and racking, and before long it will be time to bottle.” Members receive a case of wine each year, and the remainder is proudly served at Rianda House events. As one volunteer reflected, “In the end, it’s not the wine—it’s the teamwork and shared purpose that keep me coming back.”

Sixteen years in, the Rianda House Winemakers remain what they’ve always been: a volunteer-driven community-supported program powered by dedication, friendship, a genuine love of learning, and the desire to make delicious wines. To everyone who has lent a hand, donated fruit or equipment, shared knowledge, or simply shown up ready to work—thank you for keeping this tradition alive.

Here’s to the next vintage, and to the community that makes it all possible!



The Winemakers are welcoming new members! To learn more or get involved, call Tessa Lorraine, Program Manager (707) 963-8555 ext. 103 or email tessa@riandahouse.org

Special Events

To register for special events register online or call (707) 963-8555 x 101

Wonderful Westside Walk

Brad Skibbins

Friday, January 9 9:30-10:30

Crane Park

360 S Crane Ave, St. Helena

Walk along Vallejo Street and Sulphur Springs Avenue to take in the beautiful scenery and fresh air in this quiet neighborhood. The walk has a small incline and is approximately 1.5 miles. **RSVP**



Strength for Longevity

Jennifer Duncan

Fridays, 9:00-9:45

Zoom



Did you know strength training can lower your risk of diabetes, heart disease, and Alzheimer's? Join Jennifer from the comfort of home for a light-weights class focused on building strength and mobility. Chair options provided.

RSVP

WomenHeart Support Group

Tomi Holt

Thursday, January 8, 6:30-7:30

Zoom



This support group is open to women with all types of heart conditions interested in meeting with others coping with the challenges of living with a heart condition. Join other women finding strength and hopefulness. [Womenheart.org](https://www.womenheart.org) mission is dedicated to support, educate and advocate for women with cardiovascular disease.

RSVP

WOMENHEART

THE NATIONAL COALITION FOR WOMEN WITH HEART DISEASE

Información Para Entender la Enfermedad de Alzheimer Y la Demencia

Lindsay Brooks, Alzheimer's Association

Tuesday, Jan 20, 10:30-12:00

Rianda House

Un programa educativo presentado por la Alzheimer's Association. Aprenda con nosotros todo lo que sigue: el impacto de la enfermedad de Alzheimer, La diferencia entre la enfermedad de Alzheimer y la demencia, recursos de la Alzheimer's Association y mas.

RSVP



Death Cafe

Ann Seagraves

Wednesday, Jan 14, 4:00-5:30

Rianda House

According to its founders, the objective of the Death Cafe is to increase awareness of death with a view to helping people make the most of their (finite) lives. If you're curious about the topic of death and would like to join us for an open-ended conversation, this is the perfect group setting for you! Our monthly gathering provides a safe, supportive environment for your thoughts, ideas, and questions. Refreshments will be provided. **RSVP**

Death Cafe

Artist Reception

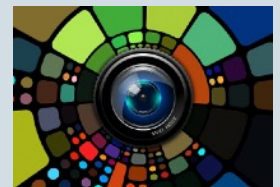
Mike Parsons

Thursday, Jan 15, 4:00-5:30,

Rianda House

Michael Parsons moved to the Napa Valley in 1982. He

spent nearly 30 years in law enforcement, serving as a Park Ranger, Police Officer for the City of St. Helena, District Attorney Investigator for Napa County, and a Hi Tech Investigator with the Northern California Computer Crimes Task Force. He has been taking photographs for over 60 years, both as a hobby, and professionally. **RSVP**



Special Events

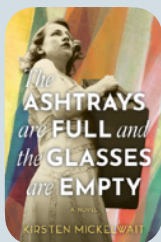
To register for special events register online or call (707) 963-8555 x 101

Author Presentation

Kirsten Mickelwait

Tuesday, January 13, 7:00-8:15pm

Rianda House



The Ashtrays Are Full and the Glasses Are Empty is a biographical historical novel based on two lesser-known figures of the Lost Generation - that

group of creatives who spontaneously gathered in Paris in the 1920's, including Hemingway, Fitzgerald, Picasso, Gertrude Stein, Dorothy Parker and others. Author Kirsten Mickelwait will talk about her love of these characters, her research and her writing process. Books will be available for sale \$20 for softcover and \$25 for hardcover. **RSVP**

Medicare Essentials

Michael Thompson

Mon, Jan 19, 2:30-3:30

Rianda House



Join us for a great opportunity to refresh your knowledge on the fundamentals of Medicare. Even the most informed beneficiaries can benefit from this 1-hour course. You will learn Medicare Basics: Parts A, B, C, D & More, late enrollment penalties and enrollment periods and deadlines. **RSVP**

Finland Northern Lights

Tessa Lorraine, Jay Fehan

Thursday, January 29, 3:30-5:00

Rianda House

Tessa Lorraine shares her tales of trekking to Finland to see the Aurora Borealis. From a reindeer sleigh ride to a "proper" sauna to staying in a glass igloo, you'll get a preview of Rianda House's November 2026 trip to Kakslauttanen Arctic Resort. Colette Representative Jay Fehan will provide details of Rianda House's trip to Finland in November of 2026. **RSVP**



Calistoga Classes & Activities

All Classes are no-cost. No registration needed unless noted.

More detailed descriptions go to riandahouse.org

First Friday Walk: Bothe State Park

Julie Spencer & Bobbie Casey

Friday, January 2, 9:00-10:30, Bothe State Park, 3801 St Helena Hwy

Start the new year with a rejuvenating 3-mile walk through the serene redwoods of Bothe-Napa Valley State Park. Plan to arrive a few minutes early to check in and park; Rianda House covers the parking fee. Hiking shoes are recommended, and walking sticks are optional. The walk will start promptly at 9:00am. **RSVP**

Calistoga Farmers Market

Amanda Cole

Saturday, January 17, 9:00-1:00, 1307 Washington St,

Stop by the Rianda House booth at the Calistoga Farmers Market on the first Saturday of each month. Get information about programs and activities. Enjoy fresh produce, beautiful hand-crafted items and non-profit organizations in this family friendly atmosphere!



Lunch & Learn

Rianda House, UpValley Family Center, Calistoga Parks & Rec.

Wednesday, January 21, 11-1:00, Calistoga Community Center

Focused on enhancing community connections and providing informational resources through guest speakers and a variety of topics. Free lunch is provided for all participants. **RSVP**

Tai Chi

Diana Latorre

Saturday, January 17, 9:00-9:45am, Brannan Center **RSVP**

A gently-moving meditation suitable for various fitness levels. Music and repetitive movement allow energy to move and flow.

Chair Yoga

Diana Latorre

Saturday, January 17, 10-11:00, Brannan Center

Join a chair-based class to breathe, stretch, and reset your body and mind at your own pace. We will be both sitting and standing. **RSVP**



Classes & Activities

All Classes are no-cost. No registration needed unless noted.

More detailed descriptions go to riandahouse.org

Access Bars **RSVP**

Kaylee Hardin

Tuesdays, 12:30-1:30, American Legion

Looking to relax, recharge, and clear your mind? Access Bars is a gentle technique using light touch on points of the head to support balance and well-being. Private, 30 minute session.

A Novel Bunch Book Club

Patti Antonaccio

Wednesday, January 7, 4:00-6:00, Rianda House

Join us for our monthly book club meeting for fostering a love of reading, building community and exploring literary genres. Each month, a member chooses a book, leads discussion and provides refreshments. **RSVP**

Astrology **(NEW date & time!)**

KayleeHardin

Thursdays, 11:00-12:00 Rianda House

Astrology is an excellent tool for self-reflection and awareness. Learning about the elements, planets, and zodiac helps us better understand ourselves and the world. Since each lesson builds upon the last, attending every class is highly encouraged.

Balance and Stretch

Jennifer Duncan & Kerry Brackett

Mondays, 10:00-10:45, Rianda House, or Zoom (hybrid)

Thursdays, 11:15-11:45, American Legion

As we age, we may find our balance isn't steady, but with regular exercises and stretching for flexibility, we can improve.

Body Mind Nutrition

Susan Arthur

Thursdays, 9:15-10:30, Rianda House

Discover your personal path to better health and a higher quality of daily life. Topics include digestive health, heart and immune health, weight and blood sugar management, improved energy, mood, cognition and more.

Improve Your Bridge Game

Tammy McDonald

Fridays, 10:00-12:00, Rianda House

Learn and have fun playing cards, instruction includes bidding and defending.

Canasta

Lucy Thater

Fridays, 1:00-4:00, Rianda House

Great for both mind and spirit. Game takes 2-4 hours, multiple rounds. Newcomers welcome. Lucy will teach you!

Chair Aerobics

Kerry Brackett

Thursdays, 10:40-11:10, American Legion Hall

Enjoy a fun, energetic 30-minute workout seated in a chair set to upbeat music! No experience needed.

Chair Yoga

Kaylee Hardin

Wednesdays, 10:00-10:45, Rianda House

Chair Yoga is gentle - good for injuries or mobility restrictions; low impact-designed to help lengthen and strengthen the body.

Dementia Family Caregiver's Support

Thursday, Jan. 8, Rianda House 3:00-4:30

Thursday, Jan. 15, Zoom 3:00-4:30

Alzheimer's Assoc. and Providence Adult Day Health

Led by a skilled social worker, this support group offers a comforting space for care partners while sharing experiences and practical tips. Contact: Melissa Gerard, Providence Adult Day Health, 707-815-6258; melissa.gerard@providence.org



Duplicate Bridge

Tammy McDonald

Mondays, 12:30-4:00, Rianda House

Bridge is a fun, social and competitive card game. Bring a partner or we will help you find one.

ESL (English Second Language)

Lorraine Ruston

Tuesdays, 9:00-10:15, Rianda House (no class 1/13)

Basic English vocabulary and conversational practice.

ESL (Ingles Segundo Idioma)

Lorraine Ruston

Los martes, 9:00-10:15, Rianda House (no class 1/13)

El énfasis de la clase será vocabulario básico de inglés y la práctica de conversaciones.

French Club

Sue & Skip Hopgood

Mondays, 9:30-11:00, Rianda House

Share personal experiences and cultural history through conversational French. Some knowledge of French is necessary, skills vary.

Genealogy

Kelly Wheaton

Friday, January 16, 10:00-12:00, Rianda House

Explore DNA, genealogy, and family history writing with Kelly Wheaton, author of *Beginner's Guide to Genetic Genealogy* and a Napa Valley Genealogical Society founding member.

Gents & A Cuppa Joe

Carroll Cotten

Thursdays, 8:30-9:30, Rianda House

Share a Cuppa Joe, discuss local issues, and swap stories with friends and neighbors. Always fun and informative!

Imagery and Poetry

Dr. Lisa Hinz

Friday, Jan. 23, 1:00-2:30, Zoom

Imagery often inspires poetry. Create a visual collage as the foundation for writing poetry.

Intro to Ballet **(NEW date)**

Darby Perrin

Saturday, Jan. 24, 4:15-5:00, American Legion Hall

Discover the joy of ballet! This beginner-friendly class builds body awareness and coordination - set to classical music. No experience needed.

Ladies & A Cuppa Tea

Ellen Cotten

Tuesdays, 9:30-10:30, Rianda House

Friendship and a cup of tea. A warm, inviting atmosphere encourages fun and engaging discussions.

Line Dancing

Becky Jo Peterson

Mondays, 11:00-12:00, American Legion Hall

Kick up your heels to lively music. Learn five new dances each session. Beginners and drop-ins welcome.

iLotería!

Lorraine Ruston

Tuesday, Jan. 6 & 27, 10:30-12:00, Rianda House

Lotería is a traditional Mexican game like bingo, played with cards. Spanish and English—conversation practice encouraged! La lotería es un juego de mesa tradicional mexicano de azar, similar al bingo, pero que se juega con una baraja de cartas en lugar de bolas numeradas. Jugaremos en español e inglés. ¡Se incluye y fomenta la práctica de conversación!

Mah Jongg

Michele Barberi Hyde

Fridays, 1:00-4:00, Rianda House

This traditional Chinese, tile-based game requires skill, strategy, and a bit of luck. All levels. Cards available.

Classes & Activities

All Classes are no-cost. No registration needed unless noted.
More detailed descriptions go to riandahouse.org

Masterminds

Veronna Ladd

Wednesdays, Jan 7 – Feb 11, 10:00–11:30, Rianda House

As we age, memory can change. This program offers strategies and practical skills to better understand and support memory in daily life.

Men's Fitness

Evan Massaro

Tuesdays, 8:00–9:00, American Legion Hall

Improve balance, flexibility and cardiovascular fitness with a splash of dad jokes! All levels are welcome. Bring a mat.

Music with Ric

Ric Morgan

Wednesdays, 1:00–2:00, Rianda House

This sing along program rekindles nostalgia of songs from the 1930s to the 1960s. All are welcomed.

Needlers' Club

Julie Bolander

Thursdays, 1:00–3:00, Rianda House

Relax and work at your own pace as you socialize with other craftspeople. Some materials are available. All levels.

News and Views

Lorne Glaim

Mondays, January 5 & 19, 1:00–2:00, Rianda House

Share ideas on local and world events in a respectful setting.

Peace of Kate Happy Hour

Kate Jessup

Wednesdays, January 7 & 21, 3:00–4:00, Rianda House

Kate coaches the group to utilize mindfulness and self-awareness, as well as other approaches to bring more happiness and joy into their lives.

Pilates (NEW date)

Darby Perrin

Saturday, January 24, 3:00–4:00, American Legion Hall

Pilates is a full body exercise class focusing on strength and mobility by enhancing mind body connections. Build a strong and stable core with Darby! Please bring a mat. **RSVP**

Simple Arts & Crafts

Elena Mendez

Monday, January 12, 3:00–5:00, Rianda House

Come join us creating art projects from various materials and things from nature. De-stress, socialize and simply have fun.

Artes y Manualidades Simples

Elena Mendez

martes 13 de enero, 10:30–12:30, Rianda House

Crea proyectos con materiales de la naturaleza en un ambiente relajado y social.

Sound Bowl Meditation

Kaylee Hardin

Wednesdays, 9:00–9:45, Rianda House

Relax and refresh your body and mind with breathing, meditation, and crystal singing bowls.

Introduction to Spanish

Lorraine Ruston

Tuesdays, 12:30–1:00, Rianda House (ends 2/24)

For students who are brand new to the study of Spanish. Study and practice the vocabulary and grammar in Duolingo's Section 1, units 1–8. Duolingo is a free app that provides language learning practice on a cell phone or on a computer. New students are also encouraged to enroll in Beginner Spanish.

Beginner Spanish

Lorraine Ruston

Tuesdays, 1:00–2:30, Rianda House (ends 5/19)

Learn to speak and understand beginning Spanish. Vocabulary and grammar from Sections 2 and 3 of Duolingo.

Intermediate Spanish

Lorraine Ruston

Thursdays, 1:00–2:30, Rianda House (ends 5/21)

Intermediate conversational practice is based on grammar and vocabulary introduced in Duolingo's Sections 3 and 4.

Advanced Spanish

Lorraine Ruston

Wednesdays, 2:00–3:30, Rianda House (ends 5/20)

Practice advanced Spanish conversation while reviewing grammar, new vocabulary, and discussing *Pasos Firmes* by Francisco Jiménez—a memoir about his journey from Santa Clara University to pursuing a graduate degree at Columbia.

Strength Training

Kathy Carrick

Tuesdays & Thursdays, 7:30–8:30am, Presbyterian Church

Enhance muscle strength and tone. An excellent workout! All levels welcome.

Tai Chi

Joseph Nase

Fridays, 8:30–9:30, Rianda House (no class 1/30)

Tai Chi combines gentle movements, meditation, and controlled breathing.

Tai Chi & Qi Gong (no class 1/29)

Joseph Nase

Thursdays, 9:00–10:00, Carnegie Building, 1360 Oak Avenue

Boost energy and well-being with breathwork, meditation, and gentle movement for body, mind, and spirit.

Tech Today

James Scanlan

Wednesday, Jan. 14 & 28, 2:30–4:00, Rianda House

Hard time keeping up with tech? Let a pro help you. Reserve a 30 minute private session. Bring your handheld device. **RSVP**

Victim Services Advocate

Irma Luna

Friday, January 16, 12–1:00 by appointment, Rianda House

If you or someone you know is a victim of a crime, fraud, abuse, eviction, or in crisis, Irma Luna from Napa County District Attorney's Office can help with no-cost & bilingual support.

Call Irma directly to book a session: (707) 299-1411.

Vineyard Walk

Brad Skibbins

Friday, January 16, 9:30–10:30, Rianda House

Scenic, 1.5 mile flat vineyard walk. Approximately 45 minutes.

Meet at Rianda House. **RSVP**

Yoga: Stretch and Flow

Kaylee Hardin

Tuesdays, 11:15–12:15, American Legion Hall

Combining deep stretches and gentle movements. Suitable for all levels. Bring a mat. Chair modifications available.

Zumba Gold

Becky Jo Peterson

Mondays & Thursdays, 9:30–10:30, American Legion Hall

Get your heart pumping while improving balance, stamina and toning important muscles.



**We
Grow!**

Monday	Tuesday	Wednesday	Thursday	Friday
<div>January</div> <div>RIANDA HOUSE</div> <div>1475 Main St.</div> <div>(707) 963-8555</div> <div>riandahouse.org</div>	<div>A American Legion (1291 Madrona Ave, St. Helena)</div> <div>B Brannan Center (1407 3rd Street, Calistoga)</div> <div>C Calistoga Community Center (1307 Washington, Calistoga)</div> <div>CB Carnegie Building (1360 Oak Avenue, St. Helena)</div> <div>CP Crane Park (360 S. Crane Ave, St. Helena)</div> <div>H Hybrid (Online & at Rianda House)</div> <div>P Presbyterian Church (1428 Spring Street, St. Helena)</div> <div>R Rianda House (1475 Main Street, St. Helena)</div> <div>Z ZOOM (online)</div>		<div>1</div> <div>HAPPY NEW YEAR!</div> <div>(office closed)</div>	<div>2</div> <div>R 8:30 Tai Chi</div> <div>Z 9:00 Strength for Longevity</div> <div>C 9:00 Bothe State Park Walk</div> <div>R 10:00 Improve Your Bridge Game</div> <div>R 1:00 Canasta</div> <div>R 1:00 Mah Jongg</div>
<div>5</div> <div>R 9:30 French Club</div> <div>A 9:30 Zumba Gold</div> <div>H 10:00 Balance and Stretch</div> <div>A 11:00 Line Dancing</div> <div>R 12:30 Duplicate Bridge</div> <div>R 1:00 News and Views</div>	<div>6</div> <div>P 7:30 Strength Training</div> <div>A 8:00 Mens Fitness</div> <div>R 9:00 ESL</div> <div>R 10:30 iLoteria!</div> <div>R 9:30 Ladies & A Cuppa Tea</div> <div>A 11:15 Yoga Stretch & Flow</div> <div>A 12:30 Access Bars</div> <div>R 12:30 Introduction to Spanish</div> <div>R 1:00 Beginner Spanish</div>	<div>7</div> <div>R 9:00 Sound Bowl Meditation</div> <div>R 10:00 Chair Yoga</div> <div>R 10:00 MasterMinds</div> <div>R 1:00 Music With Ric</div> <div>R 2:00 Advanced Spanish</div> <div>R 3:00 Peace of Kate Happy Hour</div> <div>R 4:00 A Novel Bunch Book Club</div>	<div>8</div> <div>P 7:30 Strength Training</div> <div>R 8:30 Gents & A Cuppa Joe</div> <div>CB 9:00 Tai Chi & Qi Gong</div> <div>A 9:30 Zumba Gold</div> <div>R 9:15 Body Mind Nutrition</div> <div>A 10:40 Chair Aerobics</div> <div>A 11:15 Balance and Stretch</div> <div>R 1:00 Needlers Club</div> <div>R 1:00 Intermediate Spanish</div> <div>R 3:00 Dementia Caregiver Support</div> <div>Z 6:30 WomenHeart Support Group</div>	<div>9</div> <div>R 8:30 Tai Chi</div> <div>Z 9:00 Strength for Longevity</div> <div>CP 9:30 Wonderful Westside Walk</div> <div>R 10:00 Improve Your Bridge Game</div> <div>R 1:00 Canasta</div> <div>R 1:00 Mah Jongg</div>
<div>12</div> <div>R 9:30 French Club</div> <div>A 9:30 Zumba Gold</div> <div>H 10:00 Balance and Stretch</div> <div>A 11:00 Line Dancing</div> <div>R 12:30 Duplicate Bridge</div> <div>R 3:00 Simple Arts & Crafts</div>	<div>13</div> <div>P 7:30 Strength Training</div> <div>A 8:00 Mens Fitness</div> <div>R 9:30 Ladies & A Cuppa Tea</div> <div>R 10:30 Artes y manualidades simples</div> <div>A 11:15 Yoga Stretch & Flow</div> <div>A 12:30 Access Bars</div> <div>R 12:30 Introduction to Spanish</div> <div>R 1:00 Beginner Spanish</div> <div>R 7:00 Author Presentation</div>	<div>14</div> <div>R 9:00 Sound Bowl Meditation</div> <div>R 10:00 Chair Yoga</div> <div>R 10:00 MasterMinds</div> <div>R 1:00 Music with Ric</div> <div>R 2:00 Advanced Spanish</div> <div>R 2:30 Tech Today</div> <div>R 4:00 Death Cafe</div>	<div>15</div> <div>P 7:30 Strength Training</div> <div>R 8:30 Gents & A Cuppa Joe</div> <div>CB 9:00 Tai Chi & Qi Gong</div> <div>A 9:30 Zumba Gold</div> <div>R 9:15 Body Mind Nutrition</div> <div>A 10:40 Chair Aerobics</div> <div>A 11:15 Balance and Stretch</div> <div>R 11:00 Astrology</div> <div>R 1:00 Needlers Club</div> <div>R 1:00 Intermediate Spanish</div> <div>Z 3:00 Dementia Caregiver Support</div> <div>R 4:00 Artist Reception</div>	<div>16</div> <div>R 8:30 Tai Chi</div> <div>Z 9:00 Strength for Longevity</div> <div>R 9:30 Vineyard Walk</div> <div>R 10:00 Improve Your Bridge Game</div> <div>R 10:00 Genealogy</div> <div>R 12:00 Victim Services</div> <div>R 1:00 Canasta</div> <div>R 1:00 Mah Jongg</div> <div>Saturday 17</div> <div>C 9:00 Calistoga Farmers Market</div> <div>B 9:00 Tai Chi</div> <div>B 10:00 Chair Yoga</div>
<div>19</div> <div>R 9:30 French Club</div> <div>A 9:30 Zumba Gold</div> <div>H 10:00 Balance and Stretch</div> <div>A 11:00 Line Dancing</div> <div>R 12:30 Duplicate Bridge</div> <div>R 1:00 News and Views</div> <div>R 2:30 Medicare Essentials</div>	<div>20</div> <div>P 7:30 Strength Training</div> <div>A 8:00 Mens Fitness</div> <div>R 9:00 ESL</div> <div>R 9:30 Ladies & A Cuppa Tea</div> <div>R 10:30 Información para entender la alzheimer y la demencia</div> <div>A 11:15 Yoga Stretch & Flow</div> <div>A 12:30 Access Bars</div> <div>R 12:30 Introduction to Spanish</div> <div>R 1:00 Beginner Spanish</div>	<div>21</div> <div>R 9:00 Sound Bowl Meditation</div> <div>R 10:00 Chair Yoga</div> <div>R 10:00 MasterMinds</div> <div>C 11:00 Lunch and Learn</div> <div>R 1:00 Music with Ric</div> <div>R 2:00 Advanced Spanish</div> <div>R 3:00 Peace of Kate Happy Hour</div>	<div>22</div> <div>P 7:30 Strength Training</div> <div>R 8:30 Gents & A Cuppa Joe</div> <div>CB 9:00 Tai Chi & Qi Gong</div> <div>A 9:30 Zumba Gold</div> <div>R 9:15 Body Mind Nutrition</div> <div>A 10:40 Chair Aerobics</div> <div>A 11:15 Balance and Stretch</div> <div>R 11:00 Astrology</div> <div>R 1:00 Needlers Club</div> <div>R 1:00 Intermediate Spanish</div>	<div>23</div> <div>R 8:30 Tai Chi</div> <div>Z 9:00 Strength for Longevity</div> <div>R 10:00 Improve Your Bridge Game</div> <div>R 1:00 Canasta</div> <div>R 1:00 Mah Jongg</div> <div>Z 1:00 Imagery and Poetry</div> <div>N 5:00 BINGO!</div> <div>Saturday 24</div> <div>R 3:00 Pilates</div> <div>R 4:15 Intro to Ballet</div>
<div>26</div> <div>R 9:30 French Club</div> <div>A 9:30 Zumba Gold</div> <div>H 10:00 Balance and Stretch</div> <div>A 11:00 Line Dancing</div> <div>R 12:30 Duplicate Bridge</div>	<div>27</div> <div>P 7:30 Strength Training</div> <div>A 8:00 Mens Fitness</div> <div>R 9:00 ESL</div> <div>R 10:30 iLoteria!</div> <div>R 9:30 Ladies & A Cuppa Tea</div> <div>A 11:15 Yoga Stretch & Flow</div> <div>A 12:30 Access Bars</div> <div>R 12:30 Introduction to Spanish</div> <div>R 1:00 Beginner Spanish</div>	<div>28</div> <div>R 9:00 Sound Bowl Meditation</div> <div>R 10:00 Chair Yoga</div> <div>R 10:00 MasterMinds</div> <div>R 1:00 Music with Ric</div> <div>R 2:00 Advanced Spanish</div> <div>R 2:30 Tech Today</div>	<div>29</div> <div>P 7:30 Strength Training</div> <div>R 8:30 Gents & A Cuppa Joe</div> <div>A 9:30 Zumba Gold</div> <div>R 9:15 Body Mind Nutrition</div> <div>A 10:40 Chair Aerobics</div> <div>A 11:15 Balance and Stretch</div> <div>R 11:00 Astrology</div> <div>R 1:00 Needlers Club</div> <div>R 1:00 Intermediate Spanish</div> <div>R 3:30 Northern Lights of Finland</div>	<div>30</div> <div>Z 9:00 Strength for Longevity</div> <div>R 10:00 Improve Your Bridge Game</div> <div>R 1:00 Canasta</div> <div>R 1:00 Mah Jongg</div> <div></div>



RIANDA HOUSE

1475 Main Street
St. Helena, CA 94574
707-963-8555

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to register go to <https://BINGOLive26.eventbrite.com>



BINGO

SOROPTIMISTS & RIANDA HOUSE
FRIDAY, JANUARY 23 • 5:00 PM



JOIN US FOR OUR ANNUAL BINGO FUN NIGHT!

Sunrise Soroptimist International of St. Helena teams up with Rianda House for an evening of fun, prizes, and community spirit.



EVENT HIGHLIGHTS

- Doors open: 5:00 PM
- Cost: \$30 for & games with multiple cards
- Prizes: Wine & gift cards
- Food & Drinks: Available for purchase from Brindare and La Corona
- Early Bird Seating: Reserve your seat on Eventbrite (use QR code or link above)
- Location: Native Sons Hall
1313 Spring St., St. Helena